

Dear Parents and children

## New Year Challenge: ♥Let's Love Lockdown♥

Challenge yourselves, have some family fun and raise money for pre-school.

We are launching a new fundraising event which we hope you will enjoy at home with your families. Due to all the restrictions in the past year, we have been unable to do many of the fun events we had planned and have also therefore not been able to raise funds to provide the extra resources in pre-school. We hope it will bring you all some fun and welcome distraction to the current situation.

### How do I take part?

Make the most of Lockdown 3 and keep warm in the cold weather: challenge yourselves to as many activities as you would like to do or set yourself a goal. Ask your family and friends to sponsor you or to donate to pre-school for your efforts. Just ensure you are having fun together while staying within current government restrictions.

Here are some ideas to help you think of some fun challenges you can do as a family. We will add more to our facebook pages and email you with them and we invite you to share your own suggestions with everyone.

### Suggestions:

- Design and take part in your own chalk obstacle course..... a new one each day?
- Dance with your family..... every day.
- Go puddle splashing..... how high can you get the splashes?....how many puddles can you find and jump in?
- A scavenger nature hunt around your garden..... how many different varieties of leaves or bugs can you find?
- Go on a new walk..... walk further each time than you've ever walked before or find a new route (Remember only x1 outing per day!)
- Can you make each day's walk a new circuit?
- Can you scoot further than you've scooted before or cycle or balance bike? How many laps of your garden can you do?
- Do star jumps for 1 min ....for 2 mins ....everyday?
- Try hoola hooping .....for how long can you spin the hoop? Or how far can you push the hoop?
- How many times can you throw and catch a ball?
- Try some yoga.....a few more minutes each day .....improve balance in your tree pose?
- Can you blow balloons? How many can you blow or pop?



- Bird watching - how many different birds can you spot in your garden? ...Each day.
- Can you perfect patting your head and rubbing your tummy...and stand on one leg?
- How long can you do Keepie-uppies with a balloon?
- Make a model with your 'Amazon boxes'?
- Leaf printing/rubbing



### How can I collect sponsorship?

You can collect sponsorship in a number of different ways listed below, and to keep track of pledges we have attached a sponsorship form:

1. Donations can be made directly to Crowmarsh Pre-school through [Give as you live](#). Click on 'Donate now'.
2. Or you can create your own fundraising page through [Give as you live](#) in order that you can share the page on your social media accounts. Click on Fundraise for us, create an account and then set up your fundraising page. Give as you live take you through it but please let us know if you would like any help with this.
3. Gather your pledges/sponsorship yourself and then donate the total sum through Give as you live. Click on 'Donate now'.



### When do I need to complete my challenges?

Please complete your challenges by **Sunday 22<sup>nd</sup> February**, the end of half term.

Anyone who manages to raise £20 will receive a medal.

### What if this isn't my thing but I'd like to support pre-school?

We completely understand if this doesn't appeal but we would like to thank you for support. You can still support us by going through [Give as you live](#) every time you shop online. Pre-school will then receive a % donation every time you shop at no extra cost to you. There's even a fantastic reminder that you can install on your browser. [Click](#) on the link and create an account, set up the reminder, then just start shopping.

Thank you so much for your support. Start your challenges and have some fun. Share your photos and ideas so that we can work together and have some fun through lockdown.

### Crowmarsh Pre-School Fundraising